



## HOW TO BE ALL IN & ALL YOU!

Walking with Jesus should be the greatest experience of your life! But how do you merge this awesome new life with the “real person” you know is inside you? In a perfect Christian world this might sound easy, but the truth is it takes honesty, vulnerability, and the commitment to build deep relationships with others. Regardless of your past you must be willing to take off your mask and allow God to renew you from the inside out.

### Self-Assessment:

>Do you know any Christians who wear “masks”?

No	Sort Of			Yes	
0	1	2	3	4	5

>Do you think it is important to be an authentic person?

No	Sort Of			Yes	
0	1	2	3	4	5

### Content:

It is an important step in the Christian life to allow other Christians to get to know you. The “real YOU” must emerge as part of the relationship building process. The great news is that we are all “new in Christ”... 2 Corinthians 5:17 says, “*therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come.*” You are loved and accepted regardless of what might have happened in your past. Romans 5:8 reaffirms this by saying, “*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*” What **great news** this is that Jesus’ death on the cross paid for our sins and offers us a new life.

When you drop your mask and share your struggles with other believers you begin to build community. It’s in the safety of this “community” that foundations for “good spiritual habits” are developed. These accountability relationships are part of our growth and spiritual disciplines. Other important steps in our Christian journey include daily quiet times with God, and weekly meetings with other believers for worship, prayer and spiritual growth.

Don’t be afraid to drop your mask and let people know who you really are inside! This is the first step in developing authentic relationships and the beginnings of being ALL IN & ALL YOU!

### Discussion Questions:

- >Before moving forward in Christ, is there anything in your past that you need forgiveness for?
- >Is there someone you need to forgive?
- >How important are “good works” in the Christian life?

### Challenge Question:

- >What is stopping you from being authentic and dropping your mask?