



## HOW THE HOLY SPIRIT CAN HELP YOU LIVE ALL IN!

Do you know the voice of God inside you? Have you ever stopped to think about the importance and role of the Holy Spirit in your life? 1 Corinthians 2:10-12 says, *“these are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God. For who knows a person’s thoughts except their own spirit within them? In the same way no one knows the thoughts of God except the Spirit of God. What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us.”*

Please take a minute to answer the Self-Assessment below:

### Self-Assessment:

>Do you recognize the Holy Spirit when He speaks to you?

| No | Sort Of |   |   | Yes |   |
|----|---------|---|---|-----|---|
| 0  | 1       | 2 | 3 | 4   | 5 |

>Do you know the difference between your own “internal chatter” and the voice of the Holy Spirit?

| No | Sort Of |   |   | Yes |   |
|----|---------|---|---|-----|---|
| 0  | 1       | 2 | 3 | 4   | 5 |

### Content:

Learning to listen and discern the leading of the Holy Spirit is one of the most important things you will ever do as a Christian. The only way to truly live ALL IN comes when we are listening to God’s voice and following His lead. As your relationship grows deeper with God, you will hear *“that still small voice”* inside you and learn to lean on it for truth and understanding. Just like the old hymn says, *“He walks with me and talks with me”*... you will be drawn into a daily relationship with Him. The Holy Spirit serves many purposes in your life. Interceding on your behalf through prayer, discernment and direction, bringing conviction of sin where needed, and as an encourager in times of need.

As it says in Isaiah 30:21, *“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, “This is the way; walk in it.”* Isn’t it comforting knowing that the Holy Spirit is always with you and can help you live life ALL IN!

### Discussion Questions:

- >Name a time in your life when you heard the Holy Spirit?
- >What are some barriers that keep the Holy Spirit from speaking to you?
- >Why do people prefer to trust their “gut feeling” over the Holy Spirit?

### Challenge Question:

- >Are you listening to the Holy Spirit today? What is He telling you right now?