



ALL IN MEN – BREAKING STRONGHOLDS

Sexual Immorality & Guilt

Some studies estimate that over 75% of Americans view pornography on a regular basis. What an incredibly sad and astonishing fact, especially in contrast to Psalm 101:3 which says, “I will set before my eyes no vile thing.” The sin of sexual immorality has maneuvered itself into the hearts and minds of millions of Christians with the tenacity of a serpent lurking to strike its’ prey. Of the many “strongholds” that a man battles in his life, this stronghold of sexual immorality can be one of the toughest to conquer if Satan can isolate you. It is his goal to numb you, deceive you, and convince you that it is “harmless” and nothing really to worry about.

SELF-ASSESSMENT:

>Do you struggle with pornography or some other sexual sin?

No	Sort Of			Yes	
0	1	2	3	4	5

>Do you believe that Satan is real and desiring to kill you?

No	Sort Of			Yes	
0	1	2	3	4	5

**PLEASE TAKE 2 MINUTES OF SILENCE TO CONTEMPLATE, PRAY AND LISTEN TO GOD*

CONTENT:

The challenges are daily... lust of the eyes, lust of the flesh, lust of the heart... all designed to chain you down to a life of guilt and shame. Matthew 26:41 says, “Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.” The sin of sexual immorality is a selfish one... leading you to focus only on yourself. Just like a drug addict needing a needle, a man chained to sexual sin will find himself submitting uncontrollably to temptation and lust.

Satan knows you are ashamed and will manipulate you. Like a ball and chain wrapped around the inner man, unconfessed sexual sin will crush your spirit and drive you away from God and His plan for your life. The Great News is that Jesus’ death on the cross gives you freedom and healing from those thoughts and actions. His shed blood purifies you from ANYTHING in your past and gives a promise for your new life.

What is the decision you will make when you are confronted and tempted? Will you allow the images to take root and become a stronghold or will you allow God’s redemptive power through the Blood of Jesus to fight it? Have you learned how to let His power take control as you “turn away” and “flee”? You no longer have to live in a hidden tomb of guilt and shame. Through God’s redemptive power you have freedom and forgiveness and can now resist temptation through the power of God’s Spirit living inside you.

DISCUSSION QUESTIONS:

- >How do you define lust? Have you disciplined your eyes to look away from images that lure you into lust?
- >Do you have an accountability partner, someone you can confide in?
- >How does God’s grace impact sexual immorality?

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CHALLENGE QUESTION:

>What can you do to protect yourself from pornography and sexual sins?

GET PRACTICAL

Do you struggle with this stronghold or do you know someone who does? We encourage you to think and pray about the following: (ALL IN)

Admit your struggle to an accountability partner.

Learn from your past, your patterns, and your mistakes.

Let God have total control of this area.

Invoke the Holy Spirit into your life to guide you.

Now move forward in forgiveness and under God's grace.

SCRIPTURE REFERENCES:

John 8:31-31, John 10:10, Romans 6:14, Romans 6:16, 1 Corinthians 6:9-10, 2 Corinthians 10:3-5, 2 Corinthians 12: 9, Galatians 5:9, Galatians 5:16-25